

**St. Theresa Catholic Elementary School**

**Grade Six**

By: Alysa K.  
Grade 6

### The Perfect You

"I'm fat." "I'm ugly." "I eat too much."

What do these words mean to you? To me it means people are too caring about their body.

That they dislike their body, and they don't know what's inside.

Do you like your body? Who cares what other people say.

If you're not comfortable with the way you look, get help.

No figure is perfect. If you open up your eyes and look at everybody around you, you can see that they are all different sizes, either small, skinny, tall, big, pretty. Do you hear them complaining?

Just remember nobody's perfect.

By: Brookie S.  
Grade 6

### Accept Yourself

I sit on the edge of my bed,  
As I bury my hands into my face,  
I pout, and pout thinking of what they said,  
You're dumb, you're ugly, the dreadful words whirling in your head,  
They are your dream friends,  
Deep down, they're anything but,  
If only, they would accept you for you, that's a fairytale , that's the END!  
If real life were only so kind,  
They put you down and stand you up,  
Your cold, dark tear glossed eyes is what they see,  
You are the vision, you can see past, they cannot, they are blind,  
Hairstyles, makeup and popularity is all they see,  
You are you, they are all like one, me is me,  
I wouldn't want to be them,  
I'd like to see past,  
Looks and clothes, and treat my classmates with respect, fairness and kindness  
I love myself for who I am, I don't want to be them  
I love myself!

By: Christine M.  
Grade 6

### Children's Lives

I am a child,  
I can run and play, walk and breathe  
When I'm playing, I go home to see my parents  
Every day I go to school to get an education  
I have friends I play with at recess  
I am not alone.  
I am a child,  
I can't read and write  
When I want to go to school, I can't  
When I need someone to talk to, there's no one  
I have no parents, no friends, no education  
Children are the future and they need support  
Stand Up!

By: Eayn L.  
Grade 6

## Friends!

Friends can talk to you when your sad!!

Regular people just like you.

Imagine what you would be without them.

Everyone should have one.

Never let you down.

Depend on them.

Someone to be there with your through the good times and the bad times!!

By: Hailey D.  
Grade 6

### Love and Friends

I've seen the poor children on T.V.

Some are sad some are glad. Most would be sad because they have no food, water or friends!  
Sometimes no family, which is very sad. I think you should care for children, love them, care for them  
too. You must care for children in need because when they're gone you will be so upset!  
Care for children. I know if I was like one of those kids that have no home. I'd be sad & stressed because  
I would have no one loving & caring for me like I do now. Remember care for children in need!

By: Kimberly L.  
Grade 6

### Caring For Everyone

Listen to me closely,  
Open up your Hearts.  
Make lots of love,  
To people who need help.  
Care for one another,  
No matter who they are.  
And respect each other,  
him or her together or apart.

By: Nikki S.  
Grade 6

### We Are Children

We are children we need care.  
We need parents to be there.  
We need friend to share with us.  
We need Moms to care for us.  
We need Dads to teach us stuff.  
We need people to be there for us when we need care.

By: Noah  
Grade 6

## Children

C = Caring  
H = Helping  
I = Interesting  
L = Loveable  
D = Durable  
R = Riviting  
E = Entertaining  
N = Needed

Some kids are rich, some homeless, but one thing in common, their existence isn't pointless.

By: Tyler  
Grade 6

### Caring for Family and Friends

Listen to people  
Open your heart  
Make a lot of love  
Help people who need it  
Care for others  
No matter what happens  
Respect each other  
Respect people even if you don't like them